

SchoolComp Safety



Beware the Bird! Turkey Frying Safety

According to the National Fire Protection Association (NFPA), turkey fryers are responsible for 5 deaths, 60 injuries and more than \$15 million in property damage every year. If you plan to deep-fry your holiday bird, take these precautions to protect yourself, your guests and your home:

- Never deep fry a frozen turkey, they hold a lot of moisture.
- Don't let the oil get too hot, oil can catch fire by itself at 400-425 degrees.
- Always deep-fry a turkey outdoors away from anything that may catch fire.
- Don't use too much oil.
- Place the fryer on a level surface, and avoid moving it once it's in use.
- Choose a smaller turkey (8-10 lbs.) for frying.
- Never leave fryers unattended.
- Wear goggles to shield your eyes, use oven mitts to protect your hands and arms and keep a grease-rated fire extinguisher close by.
- Keep children and pets away from the fryer at all times.
- Once finished, carefully remove the pot from the burner; place it on a level surface and cover to let the oil cool overnight before disposing.

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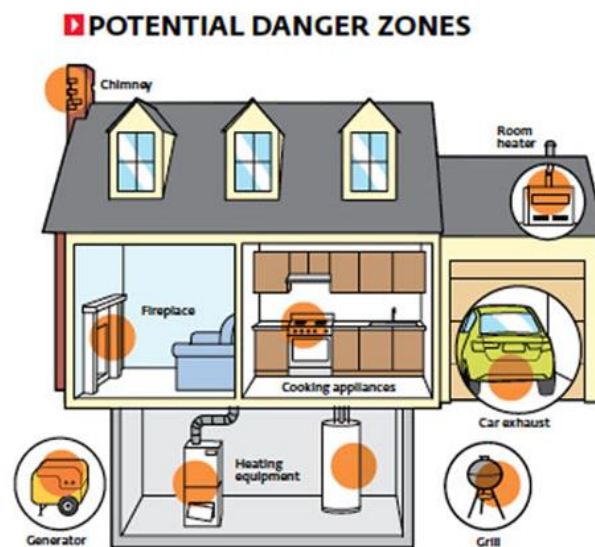
Cooler Months Increase Carbon Monoxide Poisoning Chances

Carbon Monoxide (CO) is a colorless, tasteless, and odorless gas and is often known as the “Silent Killer”. CO poisoning can occur when a fuel-burning appliance or machine, such as a furnace, heater or generator, is not working or vented properly.

According to the Center for Disease Control (CDC) 400 people die each year from accidental non-fire related CO poisoning, more than 20,000 people are treated in the emergency room and over 4,000 are hospitalized.

Stay safe during the cool season by following some simple tips:

- ✕🔊 Install CO alarms to provide an early warning of CO and test monthly.
- ✕🔊 Use portable generators outdoors in well-ventilated areas away from all doors, windows and vents.
- ✕🔊 Pull vehicles out of the garage when warming it up.
- ✕🔊 Keep vents for dryers, furnaces, stove and fireplaces are kept clear of snow and other debris.



CO poisoning may sometimes be mistaken for food-poisoning or a flu-like illness. Common symptoms of CO poisoning include:

- Headaches
- Loss of hearing
- Dizziness
- Depression
- Blurry vision
- Cardia arrest
- Disorientation
- Respiratory failure
- Weakness
- Vomiting
- Coma
- Muscle aches
- Nausea
- Chronic tiredness
- Slurred speech

If you believe you are suffering from CO poisoning, seek medical attention immediately.

For additional information regarding CO poisoning, visit www.CDC.gov.

Be Diligent When Decking the Halls

It will soon be the season for parties, gifts, and decorations. Make sure safety is included in your holiday decoration planning, both in the office and at home.

Do not let holiday décor create a hazard. A few safety tips when decorating:

- Electrical decorations should never be left on overnight at the office or at home. Turn all electrical décor off when no one is around.
- Never use lighted candles near trees, boughs, curtains/ drapes, or with any potentially flammable item.
- Check lights and extension cords for broken or cracked sockets, frayed or bare wires, and loose connections.
- Use a sturdy step stool or ladder to reach high places when decorating.
- Do not connect more than three strands of mini lights per extension cord.
- Use an artificial tree that is fire resistant.
- Cords should be run against the wall or around door openings to prevent tripping injuries.
- Do not run cords under rugs.
- Do not block exits or other means of egress with decorations.
- Keep poisonous plants out of reach for pets and children.



About Ohio SchoolComp

Ohio SchoolComp is a partnership of OASBO and OSBA offering Workers' Compensation Group programs to our members.

By combining forces, the associations created a single, larger group in order to "maximize benefits and options for school districts.

The SchoolComp program is administered by CompManagement.

SchoolComp's goal is to offer cost-effective group programs and education to help Ohio school districts keep employees and students safe, while minimizing the risk for claims.

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